



1st National Conference

Theme- Clinical Nursing Research for Transformation of Nursing Leadership and Structural Empowerment: Need of the Hour
August 12th-13th 2019

Hosted by
Saroj Lalji Mehrotra Global Nursing College
(A Unit of Global Hospital and Research Centre, Mount Abu)

Report

Clinical Nursing Research Society(CNRS) is a newly established society in the year 2019 under the able and efficient leadership of Dr. Suwersh Khanna, Honorary Patron, Mrs. Uma Handa, and Mrs. Shashi Bala. CNRS is founded with the aim to bridge the existing gap of clinical and research in nursing, to promote and percolate evidence based practice in day to day clinical nursing. Evidence based practice is the first step towards the leading positions of nurses as clinical health professionals, administrators and policy makers.

Change is the need of the hour and always expected from the system, but, we are the smallest unit of the system and change start from cells. In the process of this stepwise approach towards nursing transformation from clinical research, CNRS have organized first nursing conference with the theme “*Clinical Nursing Research for Transformation of Nursing Leadership and Structural empowerment: Need of the hour*”. The conference was hosted at it’s headquarter, Saroj Lalji Mehrotra Global Nursing College on 12th and 13th August 2019.

Nurses have a duty to reduce or eliminate the negative impact of health care waste on individuals, communities and the environment. We, the whole CNRS team took an initiative to mark this conference as one of the Unique conference which emphasis on Eco-friendly approach. The conference was announced as First Eco-friendly Nursing Conference. Some conference materials, used for this conference were recyclable such as Jute material bags, seed paper ID cards, paper pens, paper folders and many.

The two days conference were filled with inspiring blend of interactive plenary sessions, group discussions, panel discussions, active scientific paper presentations, value education sessions, meditation and many more.

Objectives of the conference

1. To reflect on transformation of Nursing from past to future.
2. To achieve quality assurance in Nursing education
3. To understand essence of nursing leadership.
4. To discuss the challenges in Nursing practice and Service excellence.
5. To share views on bridging the gap between clinical practice of Nurses and administration.
6. To identify role of Nurse Managers in Evidence Based Practice both approach and implementation.
7. To deliberate on legal aspects of Independent Nurse Practitioner.

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Honorary Patron



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Scientific & Cultural Committee

Mr. Chris Thomas, Asst.Prof

Delegates

The conference was held in the presence of esteemed delegates who were Nurse Educators, Nurse Administrators, Nurse Researchers, Staff Nurses, Nursing students. There were total 225 delegates who attended the Conference. Delegates were from Maharashtra Akola DHS, Angel of Mercy institute of Nursing, INE JJ Hospital, AFMC Pune, SRMS Wardha, District hospital Chandrapur, Civil Hospital Ahmedabad, Paras Institute Ahmedabad, JIET college of Nursing Jodhpur, Military hospital Jodhpur, Vijayaraja College of Nursing Jodhpur, Amity university Noida, State institute of Nursing, Punjab, AIIMS Delhi, RML Hospital Delhi, Chacha Nehru Bal Chikilsalaya Delhi, Medi Tik Hospital, Holy family college of nursing Delhi, Sikkim Govt. Nursing College, Bombay Hospital College of Nursing, Indore, PGI Rohtak, Swastik hospital Jabalpur, SLMGNC and GHSN.



Programme Schedule (Day-1, 12th August, 2019)

Time	Event/Topic	Resource Person
9:00-10:00 am	Transformation of Nursing: Past, Present and Future	Prof. Dr. Bimla Kapoor Former Director & Professor School of Health Sciences, IGNOU, New Delhi
10:00-10:45 am	Inaugural Session	
10:45-11:00 am	Tea Break	
11:00- 11:45 am	Clinical Deterioration: Identify, Assess, Prevent	Ms. Roopa Rawat Singhvi Rheumatology Nurse
11:45am- 12:15pm	Novel Approaches in Evidence Based Clinical Practice	Dr. Denny John Evidence Synthesis Specialist Campbell Collaboration, New Delhi
12:15-1:00 pm	Introduction to VIHASA- Values in Healthcare: A Spiritual approach	Dr. Hina Mukadam, ICU Co-ordinator BK Kalpana, Spiritual Counselor BK Rupa Upadhye, Chief of Nursing Services, Global Hospital Research Centre
1:00-2:15 pm	Lunch Break	
2:15-3:45 pm	PLENARY SESSION “Nursing Administration: Strive for Excellence” Chairperson: Dr. Sushma Saini, Lecturer, NINE, PGIMER, Chandigarh	
2:15-2:45 pm	Bridge between Clinical Practice & Administration	Mrs. Yangchen Dolma Senior Nursing Officer, AIIMS, New Dehi
2:45-3:15 pm	Quality Assurance in Nursing Education	Dr. Sukhpal Kaur Lecturer, NINE, PGIMER, Chandigarh
3:15-3:45 pm	Challenges and Issues in Nursing Administration	Ms. Neena Vir Singh Lecturer, NINE, PGIMER, Chandigarh
5:00-5:30 pm	High Tea	
6:00-7:00 pm	Cultural Fiesta	
7:00-8:00 pm	Dinner	

The day started with registration at 8:00 am. The first session was started at 9:00 am with silent meditation. The first talk was about “Transformation of Nursing: Past, present and future”. Prof. Dr. Bimla Kapoor, Former Director & Professor, School of Health Sciences, IGNOU reflected the audience with how nursing leaders put their efforts to nursing vocation into a respectable career. Her session was really influenced the nursing gala. Madam Mrs. Shashi Bala, President, CNRS felicitated Prof. Dr. Bimla Kapoor with a memento and certificate of appreciation.



Inaugural session(10:00-11:00 am)

It was a proud moment for SLMGNC for holding the first National conference of CNRS which became a landmark in the history of Nursing in India. It was a dream come true since the need was felt by two legendary nursing leaders, Dr. Suwersh Khanna, Honorary Patron, Mrs. Uma Handa and Mrs. Shashi Bala actually fulfilled their dream by accepting the challenge and originated the society.

This conference definitely provided a platform for all the present nurses to interact, share ideas, experiences and update their knowledge from Eminent speakers, chairpersons and other Nurse experts. Inauguration session was started at 10:00 am.

Time	Programme	Facilitator
2 min	Silent Meditation	
3 min	Saraswati Vandana	Ms. Dipti and Ms. Nupur, 1 st year BSc Nursing
4 min	Felicitation	Ms. Sudhanjali, Lecturer, SLMGNC
7 min	Welcome Address	Mrs. Shashi Bala, Principal, SLMGNC
5 min	Lighting ceremonial lamp	Chief Guest and other Guests
6 min	Unfolding the National Conference (Key Note Address)	Mrs. Uma Handa, Advisor, CNRS
5 min	Inspiration	Dr. Roja Tumma, Deputy Director, GHRC
8 min	Inaugural Speech	Prof. Dr. Mridula Saikia Khanikor, PhD(Nursing), Vice-Chancellor, Indira Gandhi Technological and Medical Sciences University (IGATMS), Arunachal Pradesh
5 min	Blessings	Dr. Partap Midha, Director, GHRC
5 min	Souvenir Release	Chief Guest
6 min	Life Time Achievement Award	Mrs. Shashi Bala
2 min	Acknowledgement of Guests	Mrs. Shashi Bala, Principal, SLMGNC
2 min	Vote of Thanks	Mr. Maneesh Sharma, Asst.Prof, SLMGNC

The event began with 2 minute silence meditation. 1st year BSc(N) student Dipti and Nupur presented Saraswati Vandana in form of dance to invoke the blessings of Goddess of knowledge. Ms. Sudhanjali, Lecturer gave a floral welcome to all the dignitaries on the dias.



The conference gave a red-carpet welcome to everyone assembled and Mrs. Shashi Bala, Prinicipal, SLMGNC and President CNRS welcomed the gathering by her welcome address and she highlighted about CNRS, its mission, vision and objectives. After her welcome address, all the dignitaries on the dias, invited chairpersons, speakers, CNRS members, faculties, Principals of constituent colleges, faculties, staff nurses had lit the inauguration lamp of CNRS and the Inauguration session was graced by the presence of honorable personas.



Unique blend of charisma, vision and character traits to attract other people is just enough to achieve heights in any field. Mrs. Uma Handa, Inspirational Legendary Indian Nurse leader, Advisor of CNRS unfolded the conference theme by her sharp word of fluency which influenced the delegates. Her thought provoking address has set a perfect platform for all the resource persons to deliver their presentations.



Dr. Roja Tumma, Deputy Director, GHTC inspired the gathering with her energetic words and conveyed about how this society will enrich our nursing community.

It was a matter of pride and joy to all the delegates that the Inauguration session is blessed with august presence of an inspiring nurse, Chief Guest Prof. Dr. Mridula Saikia Khanikor who is the first Vice-Chancellor from Nursing field, holding as capacity of Vice-Chancellor of Indira Gandhi Technological and Medical Sciences

University, Ziro, Arunachal Pradesh. Her Inaugural address embellished and enhanced the occasion. Her words were really inspiring as she has quoted many of her research experiences which enriched the audience.



It was privilege to hold the conference with the permission of Director, GHRC and Honorable Patron, CNRS Dr. Partap Midha. He had blessed the occasion with his gladsome words. After his words, Conference Souvenir was released by the Chief Guest. CNRS along with SLMGNC felt proud to present the Souvenir in first time in the history of CNRS conference. It marked the assimilation of the hard work, motivation and dedication of organizing team and others who strived hard to make this dream come true.



Big or small, every achievement is equally important. CNRS has conferred life time achievement award to Mrs. Uma Handa madam in recognition and appreciation of her substantial and unique contribution to Nursing profession in India. She has devoted her 43 years for the betterment of Nursing profession.



Mrs. Shashi Bala madam has acknowledged all the guests with a memento as a token of gratitude and love. Mr. Maneesh Kumar Sharma, Assistant Professor rendered vote of thanks at the end of Inaugural Session.



Sessions (at 11:00 am)

After tea break, further sessions were started. CNRS is founded with to percolate Evidence Based Practice in day to day clinical nursing. Evidence based practice is the first step towards the leading position of nurses as clinical health professional, administrators, policy maker. The session was about “Novel approaches in Evidence Based Clinical Practice”. The session was augmented by Dr. Denny John, who is a notable and distinguished identity and he is evidence based synthesist in Cochrane collaboration, Delhi. His words of expertise and comprehension were commendable. He has emphasized about systematic review and meta-analysis thereby improving the quality in generating evidence based practice in nursing. He was felicitated at the end with a memento and certificate by Prof. Dr. Bimla Kapoor.



Nurses always have great opportunity to exhibit their right attitude and skill in clinical decision making in life threatening situations. Next session was “Clinical Deterioration: Identify, Assess, Prevent”. The session was dealt by Ms. Roopa Rawat, 1st Indian Rheumatology Nurse, and Joint Secretary CNRS. Her session was filled with full enthusiasm and at the end of her session, group discussions were held. Many nursing experts shared their experience in clinical side as a nurse, some students raised their questions regarding the status of nursing profession. The groups were fully active which influenced the nurses to clarify their insights. Ms. Roopa was felicitated by Mrs. Shashi Bala madam. Delicious lunch was served at the end of this session.



VIHASA session

After the lunch, the delegates were assembled back at 2:15 pm.

There are certain values and beliefs which we all have been following since childhood. The session was about “Values in Health care: A spiritual approach (VIHASA)”. VIHASA is a modular training program developed by a core team of health professionals. This programme consists of unique blend of experiential group exercise, with time set aside for personal reflection, group discussion, sharing, play, creativity and mediation. Dr. Hina Mukadam, Sr. Rupa Upadhye, Sr. Kalpana from GHRC are trained VIHASA facilitators. They led the sessions and in the end were acknowledged by Mrs. Shashi Bala.





Plenary session (3:00-5:00 pm)

Encouragement, Enthusiasm, and Excellency is one of the major aspect of health organizations. Plenary session was about “Nursing administration: strive for excellence”. The session was chaired by Dr. Sushma Kumari Saini, Lecturer, NINE, PGIMER, Chandigarh. 1st session was taken by Mrs. Yangchen Dolma, Senior Nursing Officer, AIIMS, Delhi. She highlighted that every nurse must have an understanding about their role in caring the patient and there is a huge gap between clinical practice and administration. She spoke about “Bridge between clinical practice and administration”. 2nd speaker dealt about “ Quality assurance in nursing education”. The resource person was Dr. Sukhpal Kaur, Lecturer, NINE, PGIMER, Chandigarh. Last session was about “challenges and issues in Nursing administration”. We nurses are no exception. We all have challenges. We Nurses are trained to face them, embrace them, defy them and conquer them. The speaker was Ms. Neena Vir Singh, Lecturer, NINE,

PGIMER, Chandigarh. At the end of plenary sessions, chairperson and speakers were appreciated with a memento as a plaque of gratitude. The session was dispersed at 5:30 pm.



Exhilarating cultural fiesta were arranged to refresh the audience. Students of both SLMGNC and GHSN performed energetically and actively. They had performed western dances, group dances, classical dance, cultural fusion, role plays, singing etc. The audiences were enthralled with the energetic performance of students.



Day-2, 13th August, 2019

7:15- 8:15 am	Breakfast	
Time	Event/Topic	Resource Person
8:30-9:00 am	Scientific Paper Presentation Chairpersons: Dr. Suman Bala Sharma, Principal, State Institute of Nursing and Paramedical Sciences, Punjab Prof. Mrs.K. Punithalakshmi, Principal, JIET College of Nursing, Jdodhpur	
9:00 – 9:40 am	Independent Nurse Practitioner: How far Indian Law support it?	Dr. Neerja Sood Senior Assistant Professor, School of Health Sciences, IGNOU, New Delhi
09:40-10:20 am	Implementing Powers with a Human touch, Head and Heart	BK Kalpana Spiritual Counselor, GHRC
10:20-10:50 am	Scientific Paper presentation continues...	
10:50 -11:00 am	Tea Break	
11:00-12:15 pm	PANEL DISCUSSION Structural Empowerment: Nursing and patient care services Chairperson: Dr. Pratibha Arun Chandekar Principal, Ex-Principal, Aurangabad College of Nursing, Aurangabad	
11:00-11:25 am	Nursing Documentation and troubleshooters	Prof. Pravina.S. Mahadalkar Prof. & HOD, Bharati Vidyapeeth College of Nursing, Pune
11:25-11:50 am	Nursing Practice and Accountability	Dr. Swati Rane Founder,Health Care Synergy Consulting, Mumbai
11:50-12:15 pm	Creating a safe and high quality health care environment for patient and care providers	Mrs. Shreedevi Balachandran Lecturer, College of Nursing, Sultan Qaboos University, Muscat, Oman
12:15 -1:15 pm	Scientific Paper presentation continues.....	
1:15-1:45	Valedictory session	
1:45 pm	Lunch Break	

The 2nd day of conference was started with 2 minute silence by remembering God Almighty. Scientific research paper presentations were started at 8:30 am. The chairpersons were Dr. Suman Bala Sharma, Dean, BFUHS and Mrs. K.Punithalakshmi, Principal, JIET College of Nursing, Jodhpur. There were total 20 paper presentations which were judged by the chairpersons. At the end of presentations, chairpersons were felicitated by Mr. Mahesh Chand Goyal, Principal, GHSN.



At 9:00 am, the first session has started which was on “Independent Nurse Practitioner: How far Indian Law support it?”. The session was dealt by Dr. Neerja Sood, Senior Assistant Professor, School of Health Sciences, IGNOU. She has illustrated many live examples and pointed that it is a good initiative of training independent nurse practitioner when country is facing crisis of availability of doctors to provide basic health care services to people in India. But profession needs to work on safe practice by nurses and protect nurses legally. She has been acknowledged by Dr. Pratibha Arun Chandekar, Ex-Principal, Aurangabad Nursing College.



After excellent session by Dr. Neerja Sood, some value education session was carried out by Dr. Indu Chandiramani and BK Kalpana, GHRC on topic “Implementing powers with a human touch, head and heart”. Practical meditation sessions, value education and some group energizer were made this session more lively and active.



After tea break, panel discussion was held which was most awaiting session for all delegates. The topic was “Structural empowerment: Nursing and patient care services”. The chairperson for the session was Dr. Pratibha Arun Chandekar, Ex-Principal, Aurangabad Nursing College. The first panelist was Prof. Pravina. D. Mahadalkar, HOD, Bharati Vidyapeeth College of Nursing, Pune who discussed about Nursing documentation and trouble shooters. Next panelist was Dr. Swati Rane, Founder, Health Synergy Consulting Mumbai, Vice-president CNRS who has emphasized on Nursing practice and accountability. The third panelist Mrs. Shreedevi Balachandran, Lecturer, CON Sultan Qaboos university, Oman who could not present the session in person due to heavy flood in Kerala, she reached the audience through live video session and enriched the delegates through her influential message. At the end of panel discussion, chairperson concluded the topic and discussed with the delegates about need and importance of structural empowerment in nursing. At the end, chairperson and panelist were acknowledged .



The conference host has arranged scientific poster presentation and hand made poster competition on “ Nurses perspective on Eco-friendly health care system”. There were total 12 scientific research posters and 10 hand made posters. The participants took initiative in those presentation which added the value of the conference. The scientific poster was evaluated by Mrs. Prabha Kumari, Lecturer, CON Dr. RML Hospital and hand made poster was evaluated by Mrs. Sangeeta Sane, Principal, Govt. CON, Akola.

List of winners

1. Scientific Paper presentation

1st prize- Mrs. Babita Gupta, Nursing officer, Chacha Nehru Bal Chikilsalay Hospital, Delhi on topic “Application of fish bone diagram in health care settings”

2nd prize- Mrs. Deeplata Mendhe, Asso.Prof, SRMM CON, Wardha on topic “ Compare the perception regarding Comprehensive Community Health Care Programme(CCHCP) among 1st and 4th year BSc Nursing students.



2. Scientific Poster presentation

1st prize- Ms. Anita Bhujel, Tutor, Sikkim Govt. CON on topic “ prevalence and risk factors of low back pain among nurses”

2nd prize- Ms. Heena Christian, Staff Nurse, Govt. Spine Institute, Ahmedabad on topic “ Deep Vein Thrombosis”



3. Hand made poster competition

1st prize- Ms. Arpita, 2nd year BSc Nursing, SLMGNC

2nd prize- Mr. Hemant, 4th year BSc Nursing, JIET College of Nursing, Jodhpur.



Valedictory session

Time	Programme	Facilitator
1:15 – 1:25 PM	Welcome and Report	Mrs. Shashi Bala, Principal, SLMGNC
1:25 – 1:35 PM	Address	Dr. Partap Midha, Director, GHRC
1:35 – 1:40 PM	Valedictory Address	Prof. Dr. V M Katoch, Former Director General, ICMR
1:40 – 1:45 PM	Distribution of Certificate	
1:45 – 1:50 PM	Feed Back from delegates	
1:40 – 1:45 PM	Vote of thanks	Mr. Chris Thomas, Assistant Professor, SLMGNC
	National Anthem	
1: 50 PM	Lunch	

Valedictory session was held in presence of Prof. Dr. V.M. Katoch, Former Director General, ICMR. He had shown keen interest in CNRS and its mission. He appreciated the whole team for the efforts they have taken for the successful end of conference. Feedback forms were given to the delegates to ensure whether educational needs are met. Organizers received good response from the audience regarding organization of conference. Some delegates pointed out that there should be more group discussions and time limit has to be extended. At the end, all the delegates were given certificate of participation. After National Anthem, the delegates had their lunch. Overall National Conference was successful and will be memorable for each and every participant. The two days session was coordinated by Mr. Chris Thomas, Secretary, CNRS and Mrs. Banupriya, Treasurer, CNRS.



Report Prepared by

Mr. Chris Thomas

Secretary, CNRS

Organizing Joint Sec., Conference

Report verified by

Mrs. Shashi Bala

President, CNRS

Organizing Chairperson, Conference