

Clinical Nursing Research Society (CNRS) (Registered under Rajasthan Societies Registration Act 1958 at No:-COOP/2019/SIROHI/100141)

Website: www.cnrsindia.in



ANNUAL REPORT 2019-2020

CLINICAL NURSING RESEARCH SOCIETY (CNRS)

Head Office: Saroj Lalji Mehrotra Global Nursing College, Talhati, Abu Road- 307510, Rajasthan, India Contact No:- 8094652109, 9636831605, Email- cnrsindia@gmail.com

Looking Back with Pride and Moving Forward with Ambitious Stride!

"SO NEVER LOSE AN OPPORTUNITY OF URGING A PRACTICAL BEGINNING, HOWEVER SMALL, FOR IT IS WONDERFUL HOW OFTEN IN SUCH MATTERS THE MUSTARD-SEED GERMINATES AND ROOTS ITSELF" FLORENCE NIGHTINGALE

Nursing has covered a long journey from its existence. A unique profession described as *"art and science"* has immense opportunity for development and advancement. Provisionary trailblazers use this **OPPORTUNITY** and germinate the seeds to bloom with a motive to bridge the gap of clinical nursing and research, hence bring glory to the Nursing profession by empowerment and increasing nursing visibility at the policy level.

2019, is the landmark year with the establishment of Clinical Nursing Research Society (CNRS), a non-profit organization under the efficient guidance of visionary nursing leader Dr. Suwersh Khanna (Seed Founder), Mrs. Uma Handa (Founder, Nursing Research Society of India, NRSI) with earnest efforts of Mrs. Shashi Bala (Principal, SLM Global Nursing College, Abu Road, and Rajasthan) and team.

It is the MIGHTY Vision and dream of veterans that CNRS family extended at National and International level just within the span of one year. At our FIRST anniversary, we are **Looking Back with Pride and Moving Forward with Ambitious Stride** sharing our reflections of the whole year (from 12th August 2019 to 18th August 2020) through our e-report.

We invite you to join us in the Voyage of excellence, glory and passion for Nursing and uplift the professional Image of Nurses in India and abroad.

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Reflections

From the desk of Seed Founder and Honorary Patron, CNRS!

Dr. Suwersh Narula-Khanna Seed Founder & Honorary Patron, CNRS



This is my utmost pride and honor to be writing once more about CNRS which is very close to my heart. The year has gone by with mixed blessings. It means crisis of COVID19 Pandemic and growth of our society.

I am pleased to see the tremendous effort and hard work put into achieving goals of the society with affiliation of SLMGNC which has presented extensively on Teaching Strategies & Evaluation in Nursing Education, HIV/AIDS & ART, Sexual Harassment, Depression: A Global Issue and many more at local, state and National level. The first National conference which took place between August 12-13th, 2019 was a launching event with the timely topic on "Clinical Nursing Research and Structural Empowerment: Need of the hour" achieved its set objectives in a huge successful way. The event met its set goals which to name a few are: 1. To reflect on Transformation of Nursing from past to future, 2. To achieve quality Assurance in Nursing Education, To Understand Essence of Nursing Leadership, To identify role of Nurse Managers in Evidence Based Practice, both approach & implementation and many more".

I am equally pleased to see the continuation of the extending efforts of the society by doing online webinars and celebrating Florence Nightingale's birthday by putting video clips (message from the founder), conducting Webinars in association with SLMGNC & ECHO friendly agency and sharing important issues about student nurses (April 23rd,2020) on Face Book Post to make the nursing personnel aware of the hardships and risks taken by the frontline nursing warriors along with other health workers.

Last, but not least, I would like to extend my heartfelt Congratulations to the President and her hardworking team. Thanking with gratitude to patron Dr. Midha ji for standing by with the society from its inception.

My sincere Best Wishes for the growth and progression to higher levels of dexterity by upholding optimum standards of nursing profession to meet the society's goals.

Affectionately Yours,

Dr. Suwersh Narula-Khanna Founder & Honorary Patron, CNRS Retired Professor Emeritus, New York, USA

From the desk of Founder President, CNRS!

Mrs. Shashi Bala Founder President CNRS



Hope this New Year brings Happiness, Peace and Health to you all and your loved ones.

We live in a complex ever changing world where many forces e.g. social, political, regulatory, economic and personal factors strive to influence us but this unprecedented disruption because of the COVID-19 pandemic has affected the whole universe manifold on one side and bringing the world more closure virtually and ample opportunities to introspect.

In light of all above it's been a productive year and we are pleased to present our first enewsletter. This new electronic newsletter is not only a way for us to go green but also brings to you the achievements of the past year, especially in light of the many challenges that it has presented in a more innovative way.

With the blessings of Supreme the challenging task of Registering the society and developing CNRS website was quite easy. launching of CNRS on Aug. 12.2019 an historical event where eminent nursing leaders across the country undeterred by the flood situations in many states that time made it a point to share the platform and deliver their deliberations on the theme of our 1ST Conference, i.e. "Clinical Nursing Research for Transformation of Nursing Leadership and Structural Empowerment: Need of the Hour".

A year with so many accomplishments - awarding Nurses and Midwifes on 2020 'Year of the Nurse and the Midwife', online webinars series and Research Methodology Course the first step moving ahead meeting the first objective of CNRS.

MOUs were signed with the ECHO India to bring about a system change in healthcare, education and empower the nursing community and DY Patil University, Navi Mumbai for research ethical clearance.

Just the beginning....lot more is under planningResearch Presentations, Quality improvement Course and many more.

Before ending would like to acknowledge the great work that some of you are doing to help create positive change and appreciate the confidence that all members have placed in us and in our work. We owe our success to you all and look forward to seeing you how you will continue following the compass needle of CNRS mission to perform innovative research activities in forthcoming year thus enhancing the visibility with the new members. CNRS thrives on the efforts and support of its members.

In closing I want to express my deepest gratitude to Dr. Partap Midha, Patron, for his continuous support and encouragement at the headquarter; Dr. Suwersh Khanna, our Honorary Patron and the Seed Founder for believing in us and Mrs. Uma Handa, Advisor, for her tireless support, guidance and advice.

Lastly, we welcome your feedback on this new communications piece.

Please stay Safe, Healthy and Positive; so many people need us.

With Best Wishes

Emauhala_

Mrs. Shashi Bala President, CNRS Principal , Saroj Lalji Mehrotra Global Nursing College Abu Road, Rajasthan



"A logo derives meaning from the quality of the thing it symbolizes, not the other way around"

- Paul Rand

Clinical Nursing Research Society (CNRS) registered under Rajasthan Societies Registration Act 1958 at No:-COOP/2019/SIROHI/100141, on 18th April 2019.



CNRS: A Comprehensive Platform for Nurse Researchers

<u>AIM</u>

To encourage and improve the quality of Clinical Research in Nursing to generate evidence and its application in clinical practice and education at par with Global Nursing standards

VISION

To create a global platform of Nurse Researcher for excellence in Nursing Research and capacity building for its execution and sustenance

MISSION

- 1. To promote evidence-based nursing research in clinical practice.
- 2. To develop the policies and standardized clinical guidelines to provide the evidence based quality care.
- To achieve national and international interdisciplinary collaboration, dissemination and utilization of outcomes of clinical research studies to improve the quality of nursing care.
- To enhance visibility and active involvement of nurses in policy making decisions at National and International levels.

OBJECTIVES

- 1. To provide opportunities to nurses with technical support to comprehend research methodology and its clinical applications for facilitating health care outcomes.
- 2. To promote clinical specialization for empowerment of nurses to improve quality of patient centric care.
- 3. To explore funding resources for individual and group research in clinical practice.
- 4. To follow ethical guidelines as per regulatory body.
- 5. To collaborate with other National and International professional bodies to promote Evidence Based Nursing.
- 6. To have regional chapters of society.



VISIONARY LEADERS BEHIND THE ESTABLISHMENT OF CNRS.

THEY CONSENTED TO BE THE FOUNDER MEMBERS.

Founder members

- 1. Dr. Partap Midha
- 2. Dr. Suwersh Khanna
- 3. Mrs. Uma Handa
- 4. Mrs. Shashi Bala
- 5. Dr. Swati Santosh Rane
- 6. Mr. Chris Thomas
- 7. Ms. Roopa Rawat Singhvi
- 8. Mrs. Banupriya A
- 9. Dr. Sukhpal Kaur
- 10. Prof. Dr. Bimla Kapoor
- 11. Dr. Ratna Prakash
- 12. Dr. Neerja Sood
- 13. Dr. Latha Venkatesan
- 14. Dr. Meenaxi Massey
- 15. Dr. A. Felicia Chitra
- 16. Ms. Rupa Upadhye
- 17. Dr. Shyam Sundar Sharma
- 18. Mrs. Prabha Kumari





Advisor



Mrs. Uma Handa Mrs. Shashi Bala President Founder, NRSI Consultant, UNICEF Principal, SLM Global Nursing College, Abu Road



Dr. Swati Santosh Rane **Vice-President** Founder, Health Care Synergy **Consulting**, Mumbai

Mr. Chris Thomas

Secretary Asst. Prof. SLM Global Nursing College, Abu Road



Ms. Roopa Rawat Singhvi Joint- Secretary Lead Co-ordinator, WHO CC, JPNATC, AIIMS, New Delhi

OTHER COMMITTEE CHAIRPERSONS





Treasurer Vice- Principal, SLM Global Nursing College, Abu Road PGIMER, Chandigarh

Dr. Sukhpal Kaur Editor-in-Chief Lecturer, NINE,

JOINT-EDITORS



Joint Editor

& Medical Sciences, Nainital

Prof. Dr. Ratna Prakash

Principal, Pal College of Nursing

Prof. Pravina.S. Mahadalkar Joint Editor HOD, Bharati Vidyapeeth College of Nursing, Pune



Principal, DY Patil School of Nursing, Navi Mumbai

Prof. Dr. Bimla Kapoor **Peer Review** Former Director, School of Health Sciences, IGNOU, New Delhi

OTHER COMMITTEE MEMBERS







Dr. Neerja Sood

Research

Asst. Prof. School of Health

Ethics Dr. RML Hospital, New Delhi



Dr. Mridula Saikia Khanikor Ethics Vice- Chancellor. IGTAMS University, Arunachal Pradesh



Dr. Meenaxi Massev **Membership & Election**



Prof. Dr. Latha Venkatesan **Peer Review** Principal. Apollo College of Nursing, Chennai



Prof. Dr. A. Felicia Chitra **Peer Review** Principal, College of Nursing, MTPG & RIHS, Puducherry



Research Lecturer, NINE, **PGIMER**, Chandigarh

Dr. Sushma Kumari Saini Ms. Neena Vir Singh Research Lecturer, NINE,

Dr. Pratibha, A. Chandekar **Ex-Principal**, Aurangabad PGIMER, Chandigarh College of Nursing, Maharashtra





Membership & Election

Sr. Tutor, College of Nursing,





BK Rupa Upadhye Membership & Election Chief of Nursing Services, GHRC, Mt. Abu

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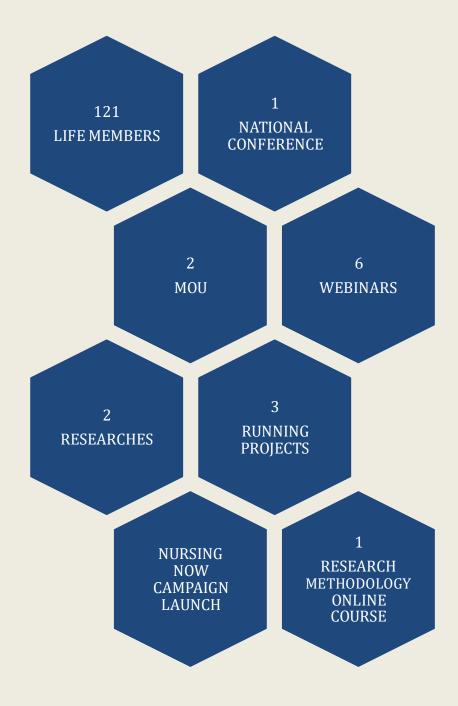


Mrs. Prabha Kumari

No	Committees
1	Patron- Dr. Partap Midha, Director, Global Hospital Research Centre, Mount Abu, Rajasthan
	Honorary Patron- Dr. Suwersh Khanna, Seed Founder, CNRS & Seed Giver, NHSI.
	Executive Committee
	Advisor- Mrs. Uma Handa, Founder, NRSI, Former consultant UNICEF, India.
	President- Mrs. Shashi Bala, Principal, SLM Global Nursing College, Abu Road, Rajasthan
	<u>Vice-President</u> - Dr. Swati Santosh Rane , Founder, Seva Shakti Consultancy, Mumbai
	Secretary- Mr. Chris Thomas, Assistant Professor, SLM Global Nursing College, Abu Road, Rajasthan
	Joint- Secretary- Mrs. Roopa Rawat Singhvi, Lead co-ordinator, WHO CC, JPNATC, AIIMS, Delhi
	Treasurer- Mrs. Banupriya. A, Vice- Principal, SLM Global Nursing College, Abu Road, Rajasthan
	Editor-in-Chief- Dr. Sukhpal Kaur, Lecturer, NINE, PGIMER, Chandigarh
2	<u>JointEditors</u>
	Prof. Dr. Ratna Prakash. Principal, Pal College of Nursing and Medical Sciences, Nainital
	Prof. Pravina. S. Mahadalkar. HOD, Bharati Vidyapeeth College of Nursing, Pune
3	Research Committee
	Chairperson- Dr. Neerja Sood. Assistant Professor(Senior Scale), School of Health Sciences, IGNOU, New Delhi
	Members-
	Dr. Sushma Kumari Saini. Lecturer, NINE, PGIMER, Chandigarh
	Ms. Neena Vir Singh. Lecturer, NINE, PGIMER, Chandigarh
4	Peer Review Committee
	Chairperson- Prof. Dr. Bimla Kapoor . Former Director, School of Health Sciences, IGNOU, New Delhi
	Members-
	Prof. Dr. A. Felicia Chitra. Principal, College of Nursing, MTPG & RIHS, Puducherry
	Prof. Dr. Latha Venkatesan. Principal, Apollo College of Nursing, Chennai
5	Bye-Laws Committee
	Chairperson- Prof. Dr. Rita Kamal Lakhani. Principal, DY Patil School of Nursing, Navi Mumbai
6	Membership and Election Committee
	Chairperson- Dr. Meenaxi Massey. Principal, Govt. College of Nursing, Kota, Rajasthan
	Members-
	BK Rupa Upadhye. Chief of Nursing Services, Global Hospital and Research Centre, Mount Abu, Rajasthan
	Mrs. Prabha Kumari. Senior Tutor, College of Nursing, Dr. RML Hospital, New Delhi

CNRS Ethics Committee (as per ICMR guidelines)
* In process to get register in Dept. of Health Research, MOHFW, Govt. of India <u>Chairperson-</u>
Prof. Dr. Mridula Saikia Khanikor. Vice- Chancellor, Indira Gandhi Technological & Medical Sciences
University, Ziro, Arunachal Pradesh
<u>Vice- Chairperson</u> -
Prof. Dr. Pratibha Arun Chandekar. Ex-Principal, Aurangabad College of Nursing, Maharashtra
Member Secretary-
Prof. Binu Joe. Principal, Christ College of Nursing, Rajkot, Gujarat
Basic Medical Scientist-
Dr. Pankaj Bhardwaj. Additional Professor, Department of Community Medicine and Family Medicine,
AIIMS, Jodhpur
Dr. Shalini. Glaucoma Consultant, Global Hospital Institute of Ophthalmology, Abu Road
<u>Member- Clinician(Nurse Researcher)</u>
Dr. Harindarjeet Goyal. Ex-Principal, RAK College of Nursing, New Delhi
Ms. Deepa Chugh. Head of Nursing Services and Principal, National Heart Institute, New Delhi
Mrs. Yangchen Dolma. Senior Nursing Officer, AIIMS, New Delhi
<u>Social Scientist</u> -
Dr. Gomti Agarwal. Research Coordinator, Medical Wing (RERF), Brahma Kumaris, Abu Road
<u>Legal Expert</u> -
Adv. Badrilal Kabra. Advocate, Rajasthan High court.

On the Journey so far:



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1ST NATIONAL CONFERENCE 12th and 13th AUGUST, 2019

"Clinical Nursing Research for Transformation of Nursing Leadership and Structural Empowerment: Need of the hour"

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Change is need of the hour and always expected from the system, we, the smallest unit of the system and change starts from cells. In the process of this stepwise approach towards nursing transformation from clinical research, CNRS organized its first conference on the theme <u>"Clinical Nursing Research for Transformation of Nursing Leadership and Structural empowerment: Need of the hour".</u>

<u>The conference was hosted at its headquarter, Saroj</u> Lalji Mehrotra Global Nursing College on 12th and 13th August 2019.

<u>It was announced as First Eco-friendly Nursing</u> <u>Conference.</u> Recyclable Materials such as Jute material bags, seed paper ID cards, paper pens, paper folders and many more were used.

The conference gave a red-carpet welcome to everyone assembled. Inaugural session was graced by the presence of honorable personas. Mrs. Uma Handa, Inspirational Legendary Indian Nurse leader, Advisor of CNRS unfolded the conference theme by her insightful words and experience which influenced the delegates. It was a matter of pride and joy to all the delegates that the Inauguration session was blessed with august presence of an inspiring nurse, Prof. Dr. Mridula Saikia Khanikor, Chief Guest and Vice-Chancellor of Indira Gandhi Technological and Medical Sciences University, Ziro, Arunachal Pradesh. She guoted many of her research experiences in her address which enriched and inspired the participants. Conference Souvenir was released. Mrs. Uma Handa madam was conferred lifetime achievement award in recognition and appreciation of her

substantial and unique contribution to Nursing Profession in India for the last 43 years.

The two days conference was filled with inspiring blend of interactive plenary sessions, group discussions, panel discussions, active scientific paper presentations, poster presentations, value education sessions, cultural fiesta and many more.

<u>Chief Guest for the Valedictory session was Prof. Dr.</u> <u>V.M. Katoch, Former Director General, ICMR.</u> He showed keen interest in CNRS mission and vision and appreciated team efforts taken for the successful end of conference. Overall the National Conference was successful in leaving an everlasting effect on every participant.





"I am very privileged to become the part of CNRS 1st National Conference. It is very good thing that CNRS has taken initiative to involve clinical nurses in research practice. All the sessions and activities of the conference were excellent and the topic was really need of the hour" **Major Jisha Johnson PG Nursing student, College of Nursing, AFMC, Pune**

<u>A Visionary Society!</u>

Leveraging Social Media



https://www.facebook.com/cnrs.india.39 https://www.linkedin.com/in/clinical-nursing-researchsociety-a473a01a4/



Honorary Patron, Executive Committee and Other Committee Members @ Headquarter



1st Meeting of the Executive Committee and other Members on 12th August 2019, for finalizing CNRS Bye-Laws and appointing new Members



Executive Members and Chairpersons Meeting @ TNAI Headquarter, New Delhi, 19/11/19 "It's really my honor and privilege to be a member of CNRS and stay strong being connected to our own root with my country and my passionate profession. Thank you CNRS team for this great venture."



Mr. Rajeev Metri , BSN, Cardiac Nurse, NHS Trust, United Kingdom CNRS Life Member

Programme Launching **"2020 INTERNATIONAL YEAR OF THE NURSE & THE MIDWIFE"** *To commemorate 200th Birth Anniversary of Florence Nightingale* NURSING NOW CAMPAIGN & NIGHTINGALE CHALLENGE

24th January 2020

CNRS is happy to share registering with WHO Nursing Now Campaign and Nightingale Challenge local group on 1st January 2020.

Launching Programme of 2020- International year of the Nurse and the Midwife to commemorate bicentennial anniversary of Florence nightingale along with Nursing Now campaign and Nightingale challenge by WHO was organized on 24th January 2020 at 3:00 pm at its head quarter, Saroj Lalji Mehrotra Global Nursing College.

The main aim of CNRS in Nursing Now campaign launch is to empower the young nurses in leadership, advocacy and communication skills.

Mrs. Shashi Bala, President CNRS unfolded the theme by her sharp word of wisdom and she highlighted the forthcoming activities of CNRS as part of Nursing Now campaign such as planning to conduct training programs in leadership, communication skills, conducting webinars, seminars, conferences, workshops, quiz competitions, e-poster competitions, soft skill training, values in health care with spiritual approach training and many more.

The honorable chief guest, guest of honor and other dignitaries officially launched "Nursing Now Campaign and Nightingale Challenge 2020" followed by lamp lighting. The event was graced by the presence of distinct eminent personas and nurses from different regions of Sirohi district. Guest of Honor, Dr. Sanjeev Kalia, Vice-Chancellor, Madhav University addressed the audience and highlighted that Nurses should be enabled to work to their full potential to innovate, to lead and to advocate. Chief Guest, Dr. Rajesh Kumar, CMHO, Sirohi District stated in his address that "Nurse and Midwives are very essential part of the Health Care Delivery system in India". Before closing, all the dignitaries, guests, invitees, faculties, students lighted the candles to express their support to Nursing Now Campaign and Nightingale Challenge along with the guests on the dias and shared the slogan "I support Nursing Now".





Best Nurses

- 1. S. N. Yogi
- 2. Iris Arthur
- 3. Kanta Devi
- 4. Kavita Kumari
- 5. Kalyan Singh
- 6. Mary Kathrin
- NURSE .

Best

Midwife

- 7. Mariamma. A.T.
- 8. Radhamani. T.
 9. Pushpa Solanki
- 10. Smita Prajapati
- 11. Kanchan Parmar
- II. Kunchun Turnu
- 12. Ranjita Sahu
- 13. Jessy Chacko
- 14. Manoj Kumar Mali

Best Midwives

- 1. Valsamma
- 2. Manju Latha
- 3. Mary Mathew
- 4. Sudha. R
- 5. Alpa Trivedi
- 6. Pushpa Philip
- 7. Vaijanti Bairawa

In recognition for integrity, dedication and credibility to Nursing Profession, Best Nurses and Midwives honored to empower them as advocates in health care on 24th January 2020 by Dr. Sanjeev Kalia, Vice-Chancellor, Madhav University, Dr. Rajesh Kumar, CMHO, Sirohi District, Dr. Partap Midha, Patron, CNRS, Director, Global Hospital and Research Centre.



Big or small, every achievement is equally important

Best Nurses

1. S. N. Yogi (PHC, Chanar)

He has rendered significant contributions under several camps such as immunization, family planning services, emergency medicine etc.

2. Iris Arthur(CHC, Abu Road)

Currently Incharge Nurse at CHC, Abu Road with more than 30 year of experience. Her key responsibilities are managerial and administration task along with routine activities and very prompt in her service.

3. Kanta Devi(Subcentre, Vasada)

From the last 8 years working in Subcentre Vasada, Her health-related activities include health camps, immunization, family planning services etc.

4. Kavita Kumari(Subcentre, Oria)

Her specialties include family planning services, child nutrition, RCH etc. since 4 years.

5. Kalyan Singh (PHC, Bharja)

Nominated by his Incharge Doctor for his active involvement in implementation of all National Health Programs in PHC.

6. Mary Kathrin(Subcentre, Manpur)

Retired two months ago after rendering 33 years of her services in Mawal, Siava and Manpur. Her services during outbreak of Chicken Guinea, Swine flu was remarkable and her tireless efforts and compassionate heart saved many patients during those outbreaks. Her door to door service during past era is really motivating for the present nurses. She has conducted more deliveries including complicated cases such as multiple pregnancy, prolonged labor, retained placenta.

7. Mariamma A.T.(Subcentre, Deldar)

During 35 years of her experience, she worked in Jalore, Sirohi and presently at Deldar. As field supervisor Incharge in Immunization and Maternal &Child health area covers 80% of tribal community achieving all the targets of vaccinations.

8. Radhamani. T. (Subcentre, Amthala)

Her total 33 years of experience in nursing is notable. She manages Subcentre, Amthala all alone, very innocent in her nature and motivates the villagers to utilize all the available health facilities and national health programmes.

9. Pushpa Solanki(Subcentre, Redva Kala)

Most prominent nurse having 16 years of experience. She has actively implemented all national health programmes achieving good targets (around 16 kms) and 100 % result in vasectomy and tubectomy surgeries.

10. Smita Prajapati (GHRC)

Total 25 years of experience in Global Hospital and Research Centre, Post Basic BSc Nurse. She is experienced in critical care, ICU, emergency ward, special wards etc. She saved one patient in ICU by giving CPR all alone. As part of hospital disaster team, has performed relief activities during flood at Uttarakhand as a supervisor at relief station for 10 days along with medical team. Presently she is Nursing Supervisor at Special ward, GHRC.

11. Kanchan Parmar (GHIO)

Since 2003, she is working as a nurse at GHIO. Her main area of work is gynecology, eye camps, emergency department. She was a member of the team who established ICU of the hospital. At present, she is Nursing Supervisor at GHIO.

Best Nurses

12. Ranjita Sahu(GHTC)

Her 13 years of experience in Global Hospital Trauma Centre is commendable. She has passed PBBSc Nursing. During her tenure, she has attended various conferences, CNE, CME. She has taken a course on infection control at Bridge Candy Hospital, Mumbai. At present she is working as Nursing supervisor at GHTC.

13. Jessy Chacko (Chandrawal Hospital)

Having 16 years of experience, Trained at Coimbatore, TN and well experienced in ICU, CCU and Cardiac unit, presently OT in charge at Chandrawal Hospital .

14. Manoj Kumar Mali (Life care hospital)

Staff Nurse in Life Care Hospital, Manpur having good experience in caring medical, surgical and pediatric cases.

Best Midwives

6. Valsamma (PHC, Chanar)

An intelligent and sincere health worker working in PHC, Chanar. She carried out 100% institutional deliveries during the last few years. She is excellent in her work with achievement of good targets.

7. Manju Latha(CHC, Abu Road)

Having 27 years of experience in Abu Road, conducted more than 20,000 deliveries and contributed significantly in polio vaccination, family planning and immunization.

1. Mary Mathew(CHC, Mount Abu)

Known for her hard work, devotion, and dedication for the last 28 years at hill stations and tribal community, has conducted institutional deliveries and she had taken part in care of malnourished children.

2. Sudha R. (PHC, Bharja)

Her attitude and behavior are exemplary. She possesses various attributes such as sincerity, honesty, punctuality and confidence. She has served the tribal community and assisted in sterilization surgeries, and conducted deliveries during her service.

3. Alpa Trivedi(Subcentre, Satpur)

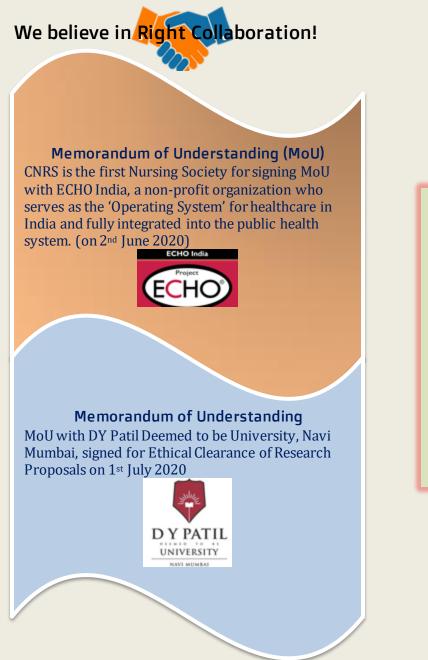
An Auxiliary Nurse Midwife with 26 years of experience with commitment in all activities of community health and has achieved 100% results in all her targets.

4. Pushpa Philip(Chandrawal hospital, Manpur)

A nurse midwife with 29 years of experience, always readily available even after duty hours to meet any type of emergencies, never hesitates to spare her efforts to reach beyond call of duty. Her specialty in gynecology, normal and abnormal labor, surgical cases are commendable and management has nominated her name for this award.

5. Vaijanti Bairawa(Life care hospital)

An Auxiliary Nurse Midwife having 2 years of experience. Though she is having less experience, but her expertise in the field of Normal Delivery and abnormal labor cases is outstanding.



"Alone we can do so little; together we can do so much." Helen Keller

Narayan Nursing College, Gopal Narayan Singh University, Jamuhar, Bihar collaborated with CNRS for National Conference 2020, on "Nursing Research- Bridging the gap between Theory and Practice", on 30th – 31st March 2020 (Postponed due to Covid-19 pandemic)



CNRS...is much needed platform to promote CLINICAL research in Nursing.

To bring back the nurses efforts and work at and around BEDSIDE is the need of the hour which CNRS team is doing beautifully.

I support CNRS.



Col. Rekha Rani Gupta Principal, Peoples College of Nursing and Research Centre, Bhopal CNRS Life Member

Hosted Online Events During Covid-19

Series of online activities such as webinars. panel discussions, lectures, training, discussions, competitions etc. were hosted during the crucial times of COVID-19 to create a platform for insightful interaction with eminent Nursing Personalities share their to experiences. thoughts, and valuable guidance on various aspects of Nursing and Healthcare to the Nurses. **International Nurses Week Celebration**

An initiative to express our gratitude to the frontline warriors in the battle against Pandemic Covid-19 by sharing stories of Nurses who strived hard towards Pandemic Covid-19, as a Nurse Covid Warrior



Video Message from Dr. Suwersh Khanna on International Nurses Day 2020



CONDIN NURSE LEADER'S SUCCESS STORY - 20 many of Flam of Florence Nightingale's birth, The JCN's the A Votice to load - Narsing the World to NeuthJ he true value to the people of the world and #380 å 1 as The Tour of the Nurse and Midwife.

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"I would like to extent my sincere thanks to the entire CNRS family for taking the initiative to acknowledge Nurses in the Covid pandemic. I personally have learnt a lot and it's been really happy to be associated with the CNRS group which focus on development of the individual as well as Nursing Research and I am sure in the coming days it will lead us to gather further knowledge. Thanks"

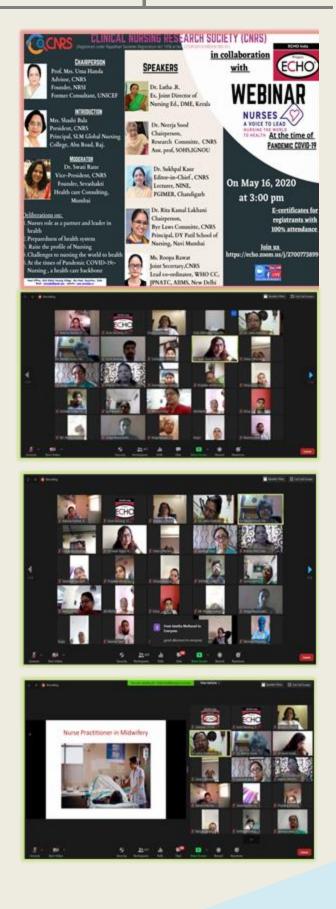


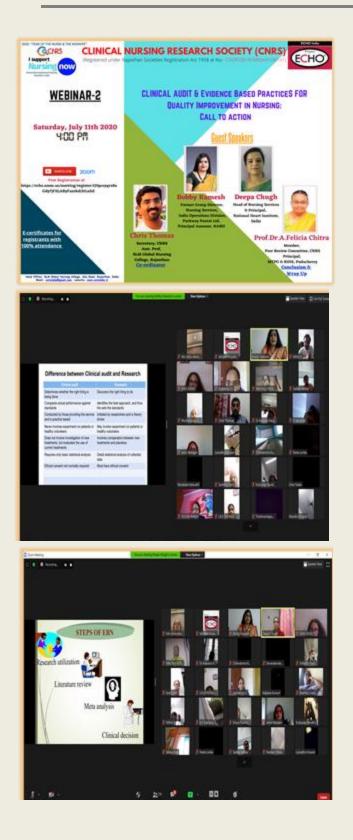
Mrs. Santhya Sam Assistant Professor, Kasturba College of Nursing, Bhopal **CNRS** Life Member

1st LIVE WEBINAR INTERNATIONAL NURSES WEEK In collaboration with ECHO India, 16th May 2020, 3:00- 5:00 pm

"Nurses: A voice to lead, Nursing the world to health" At the time of Pandemic COVID-19

Approximately 650 participants enthusiastically attended the live webinar. Dr. Swati Rane. Vice-President, CNRS moderated the whole session. Mrs. Uma Handa, Advisor, CNRS chaired and Mrs. Shashi Bala, President, CNRS introduced the CNRS and its mission. The experts from various disciplines of Nursing, Dr. Latha R, Dr. Neerja Sood, Dr. Sukhpal Kaur, Dr. Rita Lakhani,Ms. Roopa Rawat deliberated on Professionalism, possibilities and pitfalls: Nurses role as a partner and leader in health, Preparedness of health system and nurses to take care of individuals and community, how to raise the profile of Nursing? Break the stereotype of Nursing profession, Challenges to nursing the world to health, At the time of Pandemic Covid-19: Nursing, a health care backbone. Vote of Thanks was delivered by Mr. Chris Thomas, Secretary, CNRS. In all it was a great success in terms of its organization, coordination, participation and deliberation.





WEBINAR-2

"Clinical Audit and Evidence Based Practices for Quality Improvement in Nursing: Call to Action"

11th July 2020, 4:00-5:30 pm

Mr. Chris Thomas, Secretary gave a warm welcome to all the speakers and participants. Mrs. Bobby Ramesh, Principal Assessor, NABH and Mrs. Deepa Chugh, Head of Nursing Services & Principal, National Heart Institute, Delhi; experts from their fields explained with examples EBP the importance of in Quality Improvement. It was really a motivation to many nurses who wish to generate more EBP in their daily practices. Mrs. Uma Handa, shared her experiences on EBP in her course time which was a great source of encouragement to many of the nurses and motivated them to percolate EBP. The Question Answer session in the end was much appreciated by the participants. Prof. Dr. A. Felicia Chitra, Member, Peer Review Committee, CNRS concluded the webinar and presented Vote of Thanks.

Webinar Series WebNrgFluence

CNRS organized Webinar series, (WebNrgFluence) in collaboration with ECHO India with an aim to connect vibrant nurses working in various capacities throughout the Country. It was an attempt to create Webinar energy to influence Nurses as Nursing Advocates to bring in methods/solutions for better patient care. <u>Co-ordinated by</u>

Dr. Swati Rane, Vice-President, CNRS



"CNRS gave me opportunities to share my knowledge and thinking with nurses across the Country. This in the future with its vision and mission would be a great platform for nurturing Nursing Research in India"



Mrs. Shreedevi Balachandran Faculty, College of Nursing, Sultan Qaboos University, Oman CNRS Life Member

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CNRS envision introduced "Research Methodology Online Course Series for Nurses" (6 Days Course) in collaboration with National Institute of Nursing Education (NINE), PGIMER Chandigarh

1st year MSc Nursing students of NINE, PGIMER, Chandigarh were the first batch enrolled for this course. The classes executed were quite informative as well as enriching. It would definitely be helpful in carrying out research activities in their academics.

We acknowledge the contribution of Dr. Neerja Sood, Chairperson, Research Committee, CNRS in designing this course with Dr. Sukhpal Kaur, Editor-in-chief, CNRS and Dr. Sushma Kumari Saini, Member, Research Committee, CNRS.

"The classes were well organized through online and practically implemented through a mini research study which was conducted by Students with faculties support. This learning will definitely helpful in carrying out research activities in our future ladder. Thanks to whole team of CNRS who painstakingly pulled the workshop into success"



Ms. Nisha, 1st year MSc(N)Student, NINE, PGIMER



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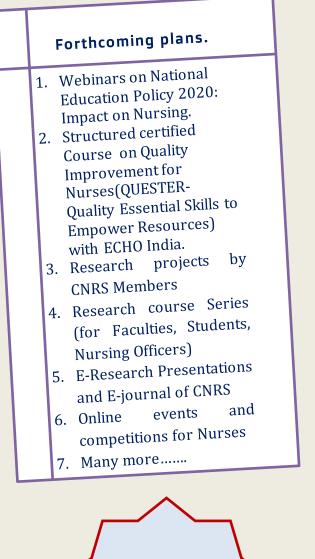
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THANK YOU ALL FOR BEING PARTNERS IN OUR JOURNEY



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